



# Funding Hope coloring & activity book

Misawendamowin Diba'igaadeg  
Mazina'igan Ji-shiizhoobii'igeng Miinawaa Ji-izhichigeng

# Color, Scan & Listen

Learn the Ojibwe words for each page in this coloring book. Ask a grown-up for help by having them use their phone or a tablet to scan the QR code below to hear the words in English and Ojibwe.

**Try saying the Ojibwe words out loud!**

Scan Here for the Translations



A Note for Parents, Caregivers & Teachers:

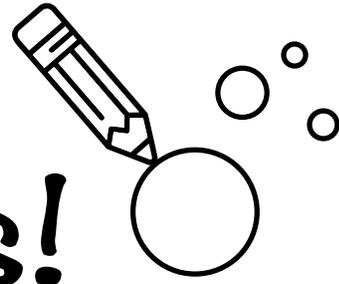
- Each QR code links to an audio recording of the page text in Ojibwe, spoken by a fluent speaker.
- Internet access is required to play the audio.
- Children are encouraged to listen, repeat, and explore pronunciation at their own pace.
- This book is designed to support language revitalization, cultural respect, and early learning.



# Asking For Medicine

Nandodang Mashkiki

# Draw the Missing Bubbles!



Mazinibii'an Biisitaaganan  
Eyaamagasinokin



Blow bubbles.

**DON'T smoke!!**

Boodaadan biisitaaganan.

Gego zagaswaaken!!



Drugs Are  
**DANGEROUS!!**

Naniizaanadoon Maji-mashkikiwan



**Be Drug-Free!**

Mayaanaabajitoosig Aawin



# Ask Before You Drink

Gagwedwen Jibwaa-minikweyan

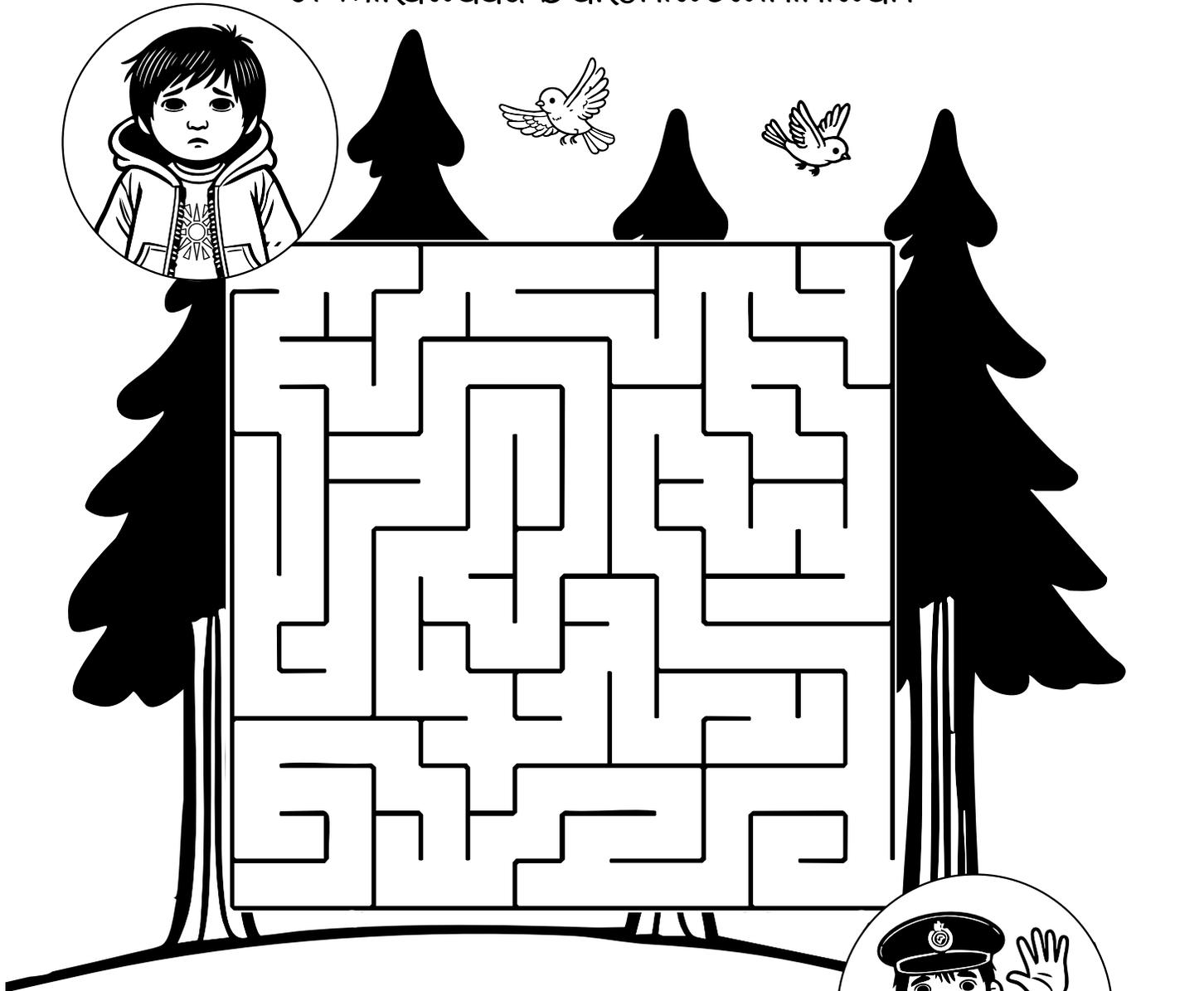


# Community Helpers

Waadookaagejig Oodenaang

# Help the lost child find the police officer

Wiidookaw Abinoojiinh Wenishing  
Ji-mikawaad Dakoniwewininiwan



Always look for the helpers!

Apane Nandawaabam  
Waadookaagejig



# Ask for Help

Gagwedwen Ji-wiidookaagooyan

Call 9-1-1  
in an  
Emergency

Ganoodan 911  
Naniizaanak



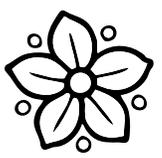
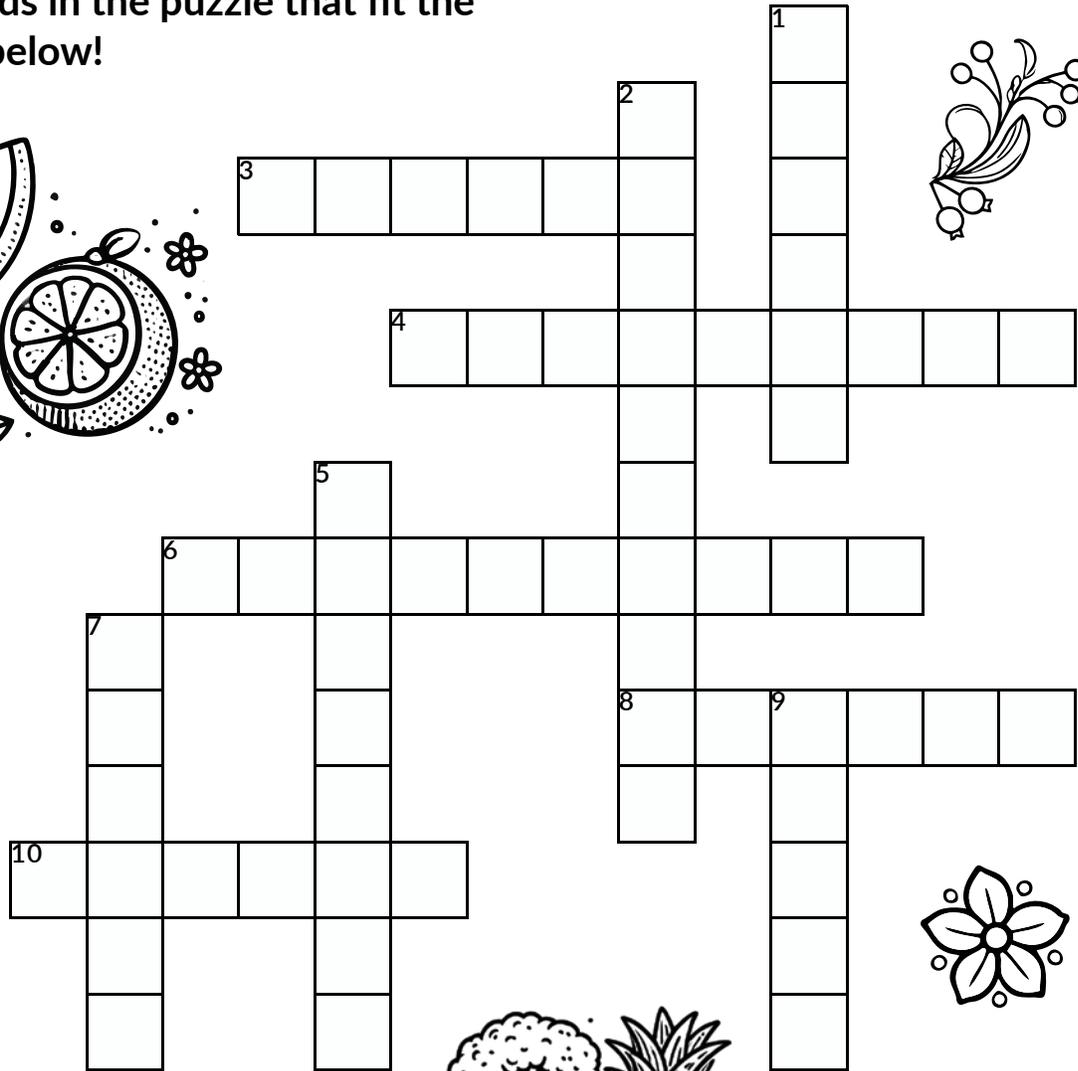
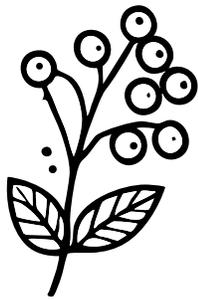


Say, “No Thank You”

Ikidon, “Gaawiin, Miigwech”

# Smart Eats Crossword Challenge

Fill in the words in the puzzle that fit the descriptions below!

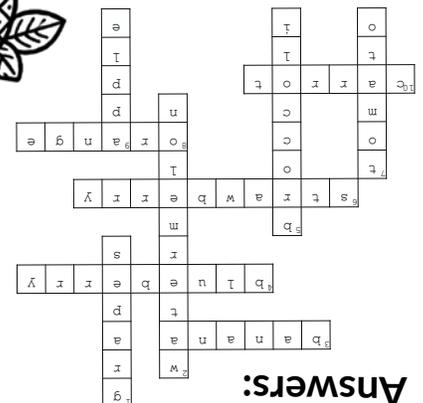


## Across

3. A long, yellow fruit that monkeys love to eat
4. A tiny, blue fruit that's sweet and perfect for muffins
6. A red, heart-shaped fruit with tiny seeds on the outside
8. A round, citrus fruit with a bright color and juicy inside
10. A crunchy, orange vegetable that bunnies love

## Down

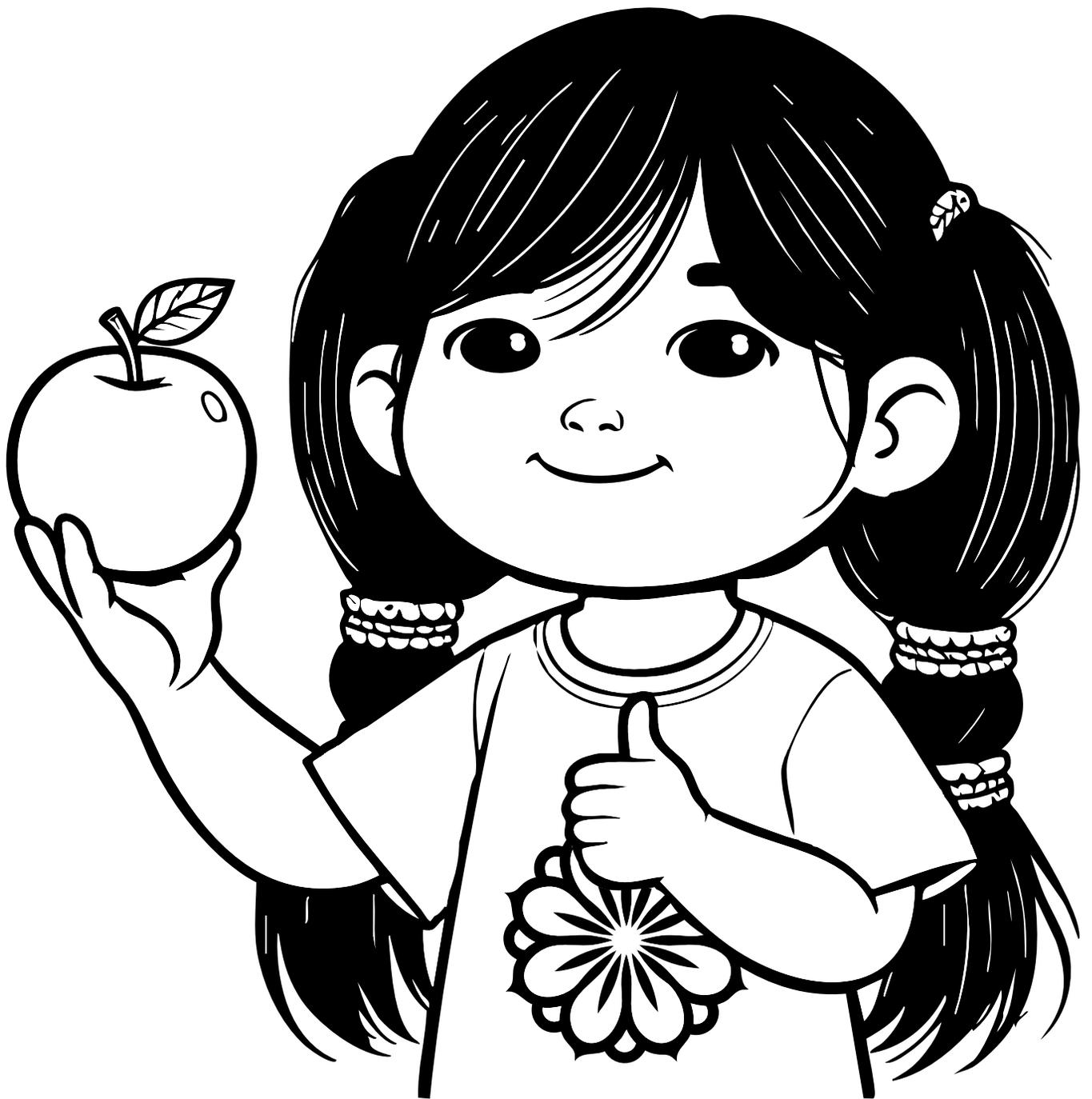
1. Small, juicy fruits that grow in bunches and can be purple, green, or red
2. A big, green fruit with sweet red insides and black seeds
5. A green veggie that looks like a tiny tree
7. A red, juicy fruit often used in salads and sauces
9. A round, crunchy fruit that comes in red, green, or yellow



Answers:

# Choose Healthy Snacks

Minwanjigen



# Stay Active

Wajebaadizin



# Active Adventure Word Search



Find the following words in the puzzle!  
Words are across, up-and-down and diagonal.



ART  
BAKING  
BASKETBALL  
DANCING

FISHING  
GARDENING  
HIKING  
KITES

PLAYGROUND  
READING  
SANDCASTLES  
SLEDDING

SNOWMAN  
SWIMMING  
WALKING





# Brush Your Teeth

Giziiyaabide'on



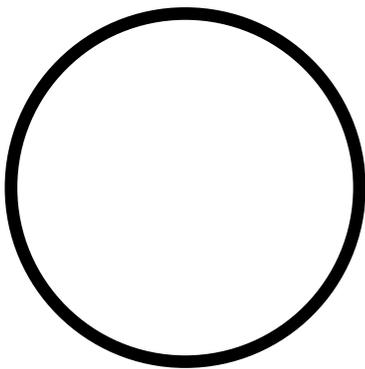
# Get Plenty of Rest

Mino-anwebin

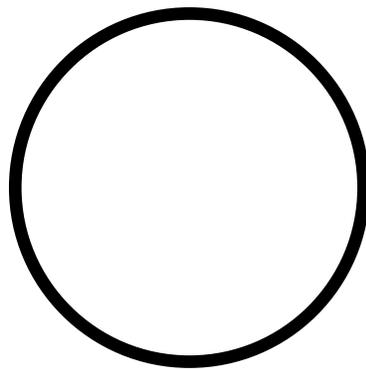
# 😊 Express Yourself! 😞

Waabanda'iwen Enamanji'oyan

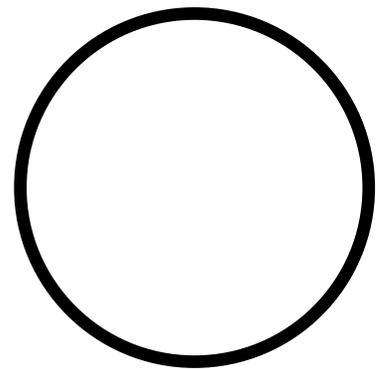
Draw in the faces for each emotion below



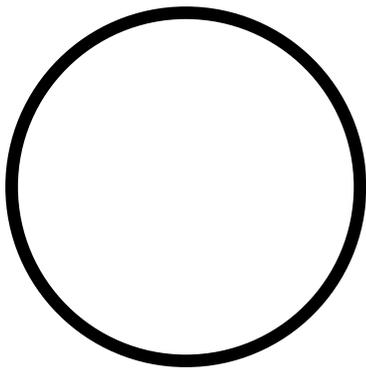
**Happy**  
Jiikendam



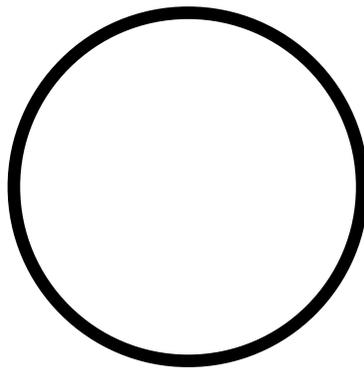
**Sad**  
Maanendam



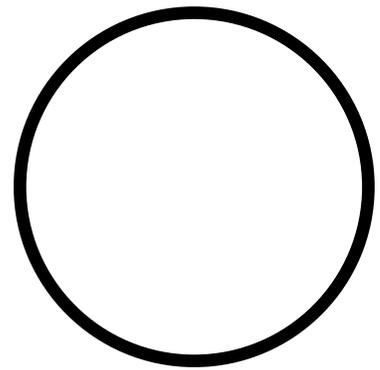
**Mad**  
Nishkaadizi



**Scared**  
Zegizi



**Silly**  
Giiwanaadizi



**Confused**  
Giiwashkweyendam

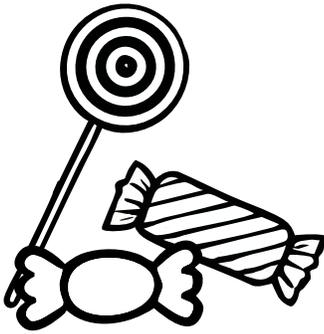


# Be a Good Friend

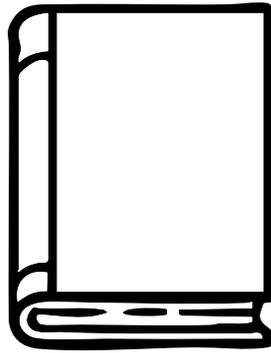
Mino-beshwaji'

# Make the Right Choice!

Color in only the good habits that help you grow!

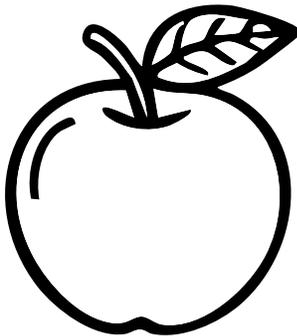
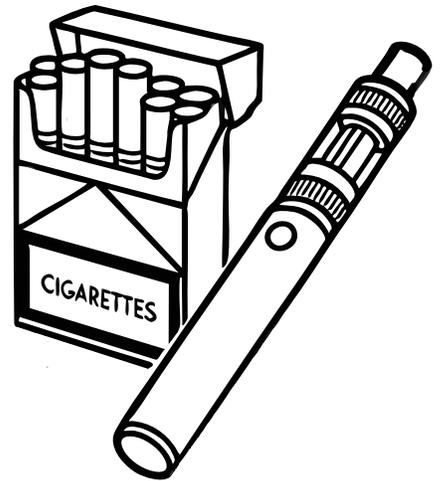


TOO MUCH CANDY

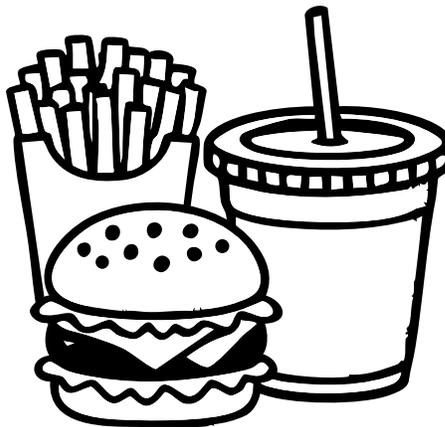


READING

## SMOKING AND VAPING



APPLE



TOO MUCH JUNK FOOD



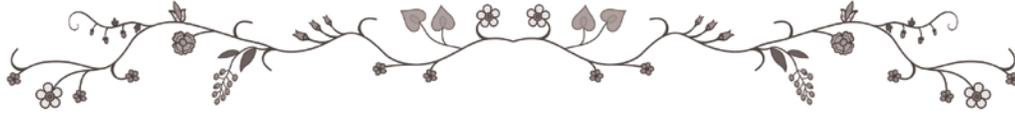
BRUSHING YOUR  
TEETH



BIKING



# Resources



**Opioid Steering Committee | Beltrami County**

**Home - Community Resource Connections**  
oshkimanidoo.com

**Chemical Health Programs - Red Lake Nation**

[www.bemidjivillageofhope.org](http://www.bemidjivillageofhope.org)

[www.co.beltrami.mn.us](http://www.co.beltrami.mn.us)

[www.crcinform.org/directory/listing/pine-river-inc](http://www.crcinform.org/directory/listing/pine-river-inc)

**Hazelden Betty Ford | Drug and Alcohol Treatment Centers**

**Sanford Health PrimeWest Residential Support Center -**  
**(218) 333-2300 - 3124 Hannah Ave. NW. Bemidji, Minnesota**

**Substance Use Prevention Resources for Youth and**  
**College Students | SAMHSA**

[familiesfirstminnesota.org/](http://familiesfirstminnesota.org/)





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shared with the Beltrami County Community Health Board

